



## **CRISIS & EMERGENCY PROCEDURES**

A mental health crisis is a life threatening situation in which an individual is exhibiting extreme emotional disturbance or behavioral distress, considering harm to self or others, disoriented or out of touch with reality, has a compromised ability to function, or is otherwise agitated and unable to be calmed.

### **Examples of a Mental Health Crisis include:**

- Talking about suicide threats
- Talking about threatening behavior
- Self-injury, but not needing immediate medical attention
- Alcohol or substance abuse
- Highly erratic or unusual behavior
- Eating disorders
- Not taking their prescribed psychiatric medications
- Emotionally distraught, very depressed, angry or anxious

### **If you cannot reach us immediately, or After Hours and Weekends**

1. **Go to your local hospital emergency room for evaluation.**

\*Please note that not all hospitals in our area have inpatient psychiatric services. The following hospitals DO offer inpatient psychiatric care:

#### **Prisma Health**

**Location: Taylor at Marion St.  
Downtown Columbia  
Phone: (803) 434-4813 option 3.**

#### **Three Rivers Behavioral**

**Location: 2900 Sunset Boulevard,  
West Columbia, SC 29169  
Phone: (866) 796-9911  
Offer psychiatric assessments by  
appointment until 10pm**

2. **Call 988 (aka Mental Health 911)** If you cannot transport yourself or have someone to transport you, call 988 or our
3. Call local or national crisis line

#### **SC Department of Mental Health Crisis**

**Location: Will dispatch to your location  
Phone: 833-364-2274  
Offers services 24/7/365**

#### **National Suicide Prevention Lifeline:**

**1-800-273-8255  
The Lifeline provides 24/7, free**

4. Make client's therapist aware of the situation as soon as possible by calling Lugoff (803)708-0902 or Columbia office (803)722-4008